

COACHING PLANS

Innovative and Transformative Coaching Plans to Help You Achieve Unprecedented Success			
Description	Individual Coaching (Gold Plan)*	Group Coaching (Gold Plan)*	Enterprise Coaching (Gold Plan)*
Initial Consultation for Assessing Scope & Fitness	Free	Free	Free
Agreement on Scope and Rules of Engagement	Included in Sessions	Included in Sessions	Included in Sessions
1-Hour Individual Coaching Sessions	12 Sessions	Optional (Extra)	10 Sessions per Week (40 Sessions in a Year)
1-Hour Group Coaching Sessions	No	20 Sessions	
Engagement Duration	4 - 6 Months	6 - 8 Months	1 - 3 Year
Engagement Goals Setting	Included in Sessions	Included in Sessions	Included in Sessions
Behavioral DISC Assessment and Analysis	Included in Sessions	Included in Sessions	Included in Sessions
Life Coaching	Included in Sessions	Included in Sessions	Included in Sessions
Career Coaching	Included in Sessions	Included in Sessions	Included in Sessions
Executive & Leadership Coaching	Included in Sessions	Included in Sessions	Included in Sessions
Business Agility Coaching	Optional (Extra)	Optional (Extra)	Included in Sessions
Business Agility Maturity Assessments	No	Optional (Extra)	Included in Sessions
Business Agility Consulting	Optional (Extra)	Optional (Extra)	Included in Sessions
Agile Training & Certification	Optional (Extra)	Optional (Extra)	Optional (Extra)
Professional Training for Business, Technology, Management, and Leadership Excellence	Optional (Extra)	Optional (Extra)	Optional (Extra)
Organizational Development Coaching	Included in Sessions	No	Included in Sessions
Organizational Change Management Coaching	Included in Sessions	No	Included in Sessions
Masterminds, Workshops, Program Reviews, etc.	No	No	Included in Sessions
Engagement Goals and Progress Monitoring	Included in Sessions	Included in Sessions	Included in Sessions
Success Sustainment and Growth Coaching/Planning	Included in Sessions	Included in Sessions	Included in Sessions
End of the Term Review of Engagement	Included in Sessions	Included in Sessions	Included in Sessions
Engagement Renewal or Termination	Yes	Yes	Yes

* Platinum, Diamond, and Custom Coaching Plans are Available on Demand